



# Are you ready for the new asthma guideline?

## New BTS/SIGN/NICE Guideline on Asthma: diagnosis, monitoring and chronic asthma management 2024

On the 28<sup>th</sup> November the joint National Institute for Health and Care Excellence (NICE), British Thoracic Society (BTS) and Scottish Intercollegiate Guidelines Network (SIGN) will publish their long-awaited single guideline on asthma diagnosis, monitoring and management.

This update to the guideline is likely to represent a sea change in the management of asthma and will require significant change in primary care. Are you ready? This article provides links to relevant primary care-based tools to help you prepare. This list is not intended to be comprehensive but provides a starting point for helping you to prepare for and implement change in your practice in line with the new guidance.

### FeNO



At a glance – FeNO testing in primary care



Making a business case for FeNO testing in practice



FeNo in Asthma – e-learning programme



### Diagnostic tests



PCRS Consensus on how to calculate and interpret PEFR variability and reversibility for asthma diagnosis



PCRS Position statement: Spirometry in primary care



### Treatment of asthma



Budesonide/ Formoterol as needed treatment



Budesonide/ Formoterol Maintenance and Reliever Treatment



Budesonide/ Formoterol Maintenance and Reliever Therapy Asthma Action Plan



Supporting people with asthma in the 21st Century online learning module



 **Member only resource**

## Treatment of asthma (continued)



Tailoring Inhaler Devices



Asthma Management – overcoming SABA over-reliance



Ensuring optimal treatment for asthma management



Reliever Reliance Test



A patient perspective: Identifying the best asthma treatment



High quality and low carbon asthma care



## Monitoring



Assessing asthma control



## Overcoming asthma myths



Common asthma myths and misconceptions



“Asthma is not a serious disease”



“Coughing is part and parcel of asthma”



“I only need my blue inhaler”



“I’m just allergic to some things ...otherwise I’m OK”

Scan the QR code to access an article, videos and podcasts on how to address asthma myths



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