Are you ready for the new asthma guideline?



New BTS/SIGN/NICE Guideline on Asthma: diagnosis, monitoring and chronic asthma management 2024

On the 27th November the joint National Institute for Health and Care Excellence (NICE), British Thoracic Society (BTS) and Scottish Intercollegiate Guidelines Network (SIGN) will publish their long-awaited single guideline on asthma diagnosis, monitoring and management.

This update to the guideline is likely to represent a sea change in the management of asthma and will require significant change in primary care. Are you ready? This article provides links to relevant primary care-based tools to help you prepare. This list is not intended to be comprehensive but provides a starting point for helping you to prepare for and implement change in your practice in line with the new guidance.

FeNO



<u>At a glance – FeNO testing</u> in primary care



Making a business case for FeNO testing in practice



FeNo in Asthma – e-learning programme

Diagnostic tests



PCRS Consensus on how to calculate and interpret PEFR variability and reversibility for asthma diagnosis



PCRS Position statement: Spirometry in primary care

Treatment of asthma



Budesonide/Formoterol as needed treatment



Budesonide/Formoterol Maintenance and Reliever Treatment



Budesonide/Formoterol Maintenance and Reliever Therapy Asthma Action Plan



Supporting people with asthma in the 21st Century online learning module

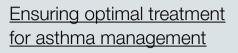
G Member only resource

Treatment of asthma (continued)



Tailoring Inhaler Devices







<u>A patient perspective:</u> <u>Identifying the best asthma</u> <u>treatment</u>



Challenging Conversations Regarding SABA Reliance



<u>Asthma Management –</u> <u>overcoming SABA over-</u> <u>reliance</u>



Reliever Reliance Test



High quality and low carbon asthma care

Monitoring



Assessing asthma control



Overcoming asthma myths



Common asthma myths and misconceptions



<u>"Coughing is part and parcel</u> of asthma"



<u>"I'm just allergic to some</u> <u>things ...otherwise I'm OK"</u>



<u>"Asthma is not a serious</u> <u>disease"</u>

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<u>"I only need my blue</u> inhaler"

Visit the <u>PCRS website</u> to browse all of our asthma resources

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